

## Who we are

We are a small, caring substance use disorder treatment program in Maplewood, MN conveniently located just north of downtown. We serve men and women age 18 and older. We believe everyone should have access to high quality addiction treatment. Plus, we make an effort to reach underserved populations.

We take a strength based approach and help client's work toward their personal recovery goals. Our focus is to help individuals heal, energize, and become aware of their inner strengths. We achieve this by providing a neutral safe space, listening to your concerns, and customizing a treatment plan.



## CONTACT US



P: 651-888-2463

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[www.addictionhealthcenter.com](http://www.addictionhealthcenter.com)



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OWNING YOUR  
STORY IS THE  
BRAVEST THING  
YOU WILL EVER DO.

*Brené Brown*



**Restoring hope  
by empowering  
individuals and  
families.**

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## OUR MISSION AND VISION

RESTORING HOPE BY EMPOWERING INDIVIDUALS AND FAMILIES BY PROVIDING EFFECTIVE HOLISTIC TREATMENT SERVICES THAT LEAD TO LASTING CHANGE.

OUR PHILOSOPHY IS TO RECOGNIZE AND UTILIZE OUR CLIENT'S STRENGTHS AND ASSIST THEM IN FULFILLING THEIR GOALS.

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## TREATMENT SERVICES

### High Intensity Outpatient (IOP)

Monday - Friday

10:20 AM - 3:55 PM

### Substance Use Assessments

Comprehensive & Rule 25

### Evening Outpatient

M, T, TH, Fri

5:00 pm - 8:00 pm

### Family Program

### Co-occurring Program

### Mental Health Counseling

### Group and Individual counseling

### Relapse Prevention

### Recovery Maintenance

### Anger Management

### Mindfulness

### Wellness groups

### MRT-Moral Reconation Therapy

**We Partner with Sober houses** and will pay \$550 a month toward rent while the client attends the IOP program at AHC.



WE PROMISE TO BE THERE FOR YOU EVERY STEP OF YOUR JOURNEY. OUR GOAL IS TO HELP YOU GROW FROM YOUR STRUGGLES, HEAL FROM YOUR PAIN, AND MOVE FORWARD TO WHERE YOU WANT TO BE IN YOUR LIFE.



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